

### CITY WELLNESS CLINIC HOURS

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>City Hall</b> 2 Civic Center Basement 541-4047	8 am - 4 pm	1 pm - 5 pm	8 am - 12 pm	1 pm - 5 pm	8 am - 4 pm
<b>Municipal Service Center</b> 7969 San Paulo Building 20 621-6747	Closed	1 pm - 4 pm	Closed	1 pm - 4 pm	Closed
<b>Public Service Board</b> 210 N. Lee Maintenance Building 594-5448	Closed	7 am - 11 am	Closed	7 am - 11 am	Closed
<b>Public Service Board</b> 1154 Hawkins 3rd Floor 594-5542	1 pm - 5 pm	Closed	1 pm - 5 pm	Closed	Closed

### SERVICES PROVIDED

- \*Obtain medical histories and perform physical examinations
- \*Diagnose and treat acute health problems such as infections and injuries
- \*Diagnose, treat and monitor chronic diseases such as diabetes and high blood pressure
- \*Order, perform and interpret diagnostic studies such as lab work and x-rays
- \*Prescribe medication and other treatments
- \*Provide health maintenance care for adults, including annual physical
- \*Promote health behaviors and self-care skills through education and counseling
- \*Collaborate with physicians and other health professionals as needed

**Teresa Alarcon, M.S.N., C.N.S., F.N.P.**  
**Imelda Grijalva, Medical Assistant**

- \*No patients taken later than 15 minutes prior to closing\*
- \*Must bring Access Medical Card\*